



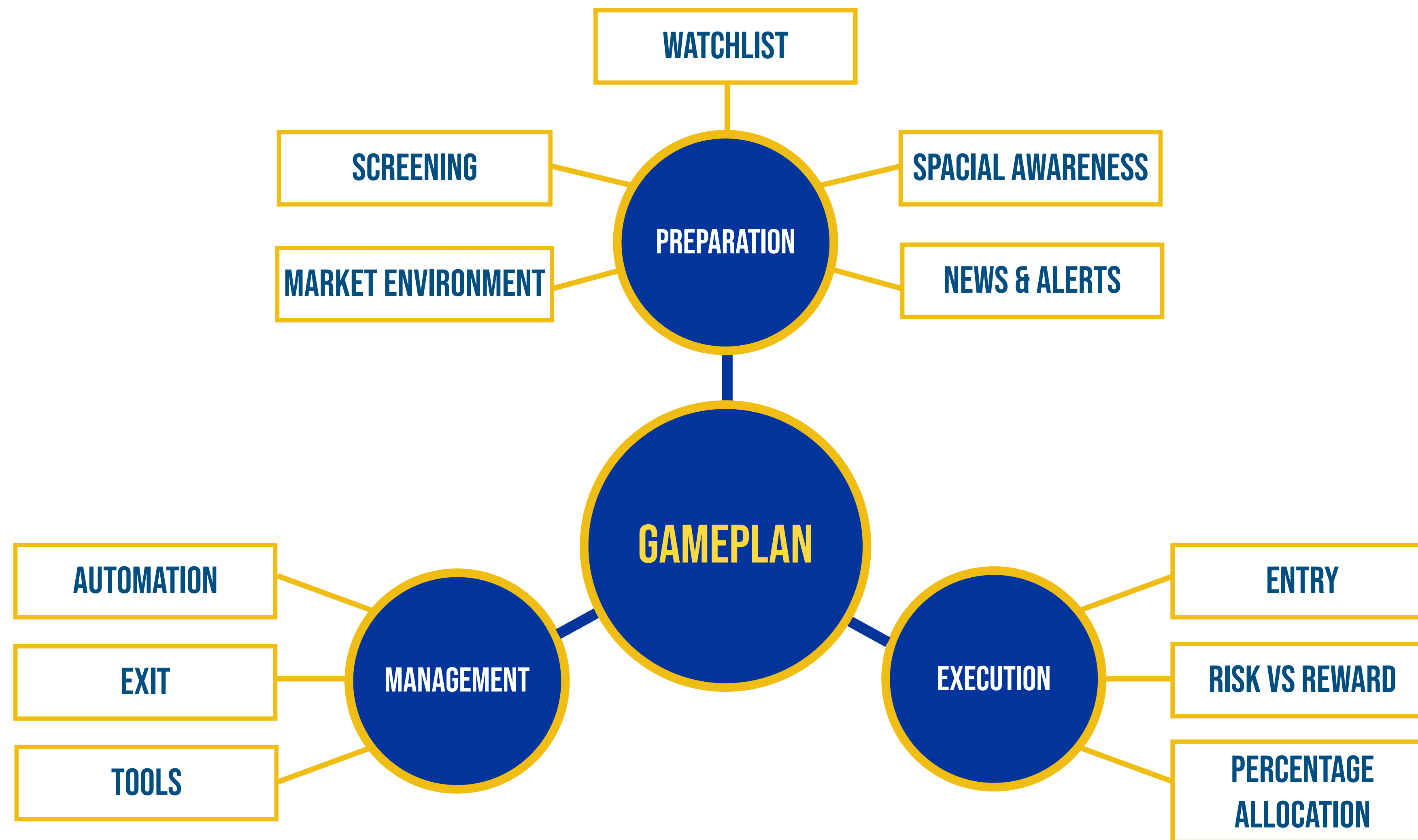
# **MM** TRADING

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**COMPLETE STRATEGY  
ONLINE COURSE**

# MODULE 1

# HAVING A GAME PLAN



# MODULE 2

# GAMEPLAN - PREPARATION

## MEDIUM TERM SHORT SWING - THE MOMENTUM TRADER

### STEP 1 - SCREENING

- INSIDER WEEK (SEASONALITY)
- MARKET MILK (FOREX)

### STEP 2 - MARKET AWARENESS

- MONTHLY/WEEKLY CORRELATION

### STEP 3 - WATCHLIST

- HOW OFTEN YOU UPDATE IT: (WEEKLY)
- HOW MANY ITEMS: (5-10)

### STEP 4 - SPACIAL AWARENESS

- TIME FRAMES: DAILY/WEEKLY
- KEY LEVEL: SUPPORT & RESISTANCE/ EMA'S / ATR / PIVOT POINTS

### STEP 5 - NEWS & ALERTS

- SET ALERTS - WILL VARY DEPENDING ON STRATEGY





# GAMEPLAN - STRATEGY RULES

## MEDIUM TERM SHORT SWING - THE MOMENTUM TRADER

STEP 1 - CHECK THE MONTHLY/WEEKLY ARE MATCHING EITHER **BULLISH**/**BEARISH**

STEP 2 - CHECK TO SEE IF SEASONAL TRENDS ARE RE-ENFORCING YOUR MONTHLY/  
WEEKLY CORRELATION

STEP 3 - CHECK SECTOR CORRELATION

STEP 4 - BONUS STEP CHECK PRICE ACTION ON WEEKLY EMA'S

STEP 5 - PRICE NEEDS TO BE **ABOVE** OR **BELOW** THE DAILY 20 EMA, IN CORRELATION  
WITH THE TREND



# MODULE 3



# GAMEPLAN - EXECUTION - PT 1

## MEDIUM TERM SHORT SWING - THE MOMENTUM TRADER

### STEP 1 - THE ENTRY

- TIME FRAMES FOR ENTERING: (DAILY/4HR)
- ENTRY STYLE: AGG / CON  
(TIME FRAME /STABLE VS VOLATILE ASSETS)
- **AGG TIME FRAME: 4HR**
- **CON TIME FRAME: DAILY**
- ENTRY CRITERIA: PRICE MUST TOUCH THE 10 OR 20 EMA
- **AGG ASSET: FOREX**
- **CON ASSET: STOCKS/INDICES/COMMODITIES/CRYPTO**



# GAMEPLAN - EXECUTION

## MEDIUM TERM SHORT SWING - THE MOMENTUM TRADER

### STEP 2 - RISK VS REWARD

- STOP LOSS: **AGG - BELOW THE 20 EMA ON 4HR TIME FRAME**  
**CON - BELOW THE 20 EMA ON THE DAILY TIME FRAME**
- TAKE PROFIT: **END OF TRADING WEEK**
- RISK REWARD RATIO: **MUST ALWAYS BE GREATER THAN 2:1**

### STEP 3 - PERCENTAGE RISK

#### MEDIUM TERM / SHORT TERM (PERCENTAGE RISK)

- 0.5 - 1%



# MODULE 4



# GAMEPLAN - MANAGEMENT

## MEDIUM TERM SHORT SWING - THE MOMENTUM TRADER

### STEP 1 - TOOLS

- KEY LEVELS: FIBS / EMA'S / S&R
- ATR: 1 WEEK

### STEP 2 - EXIT

- WHEN TO TAKE ACTION: WHEN PRICE REACHES 50% TOWARDS THE TARGET, REMOVE LIABILITY
- WHEN TO GET OUT: NEAR END OF WEEK OR FINAL QUARTER MOVE OF TRADE

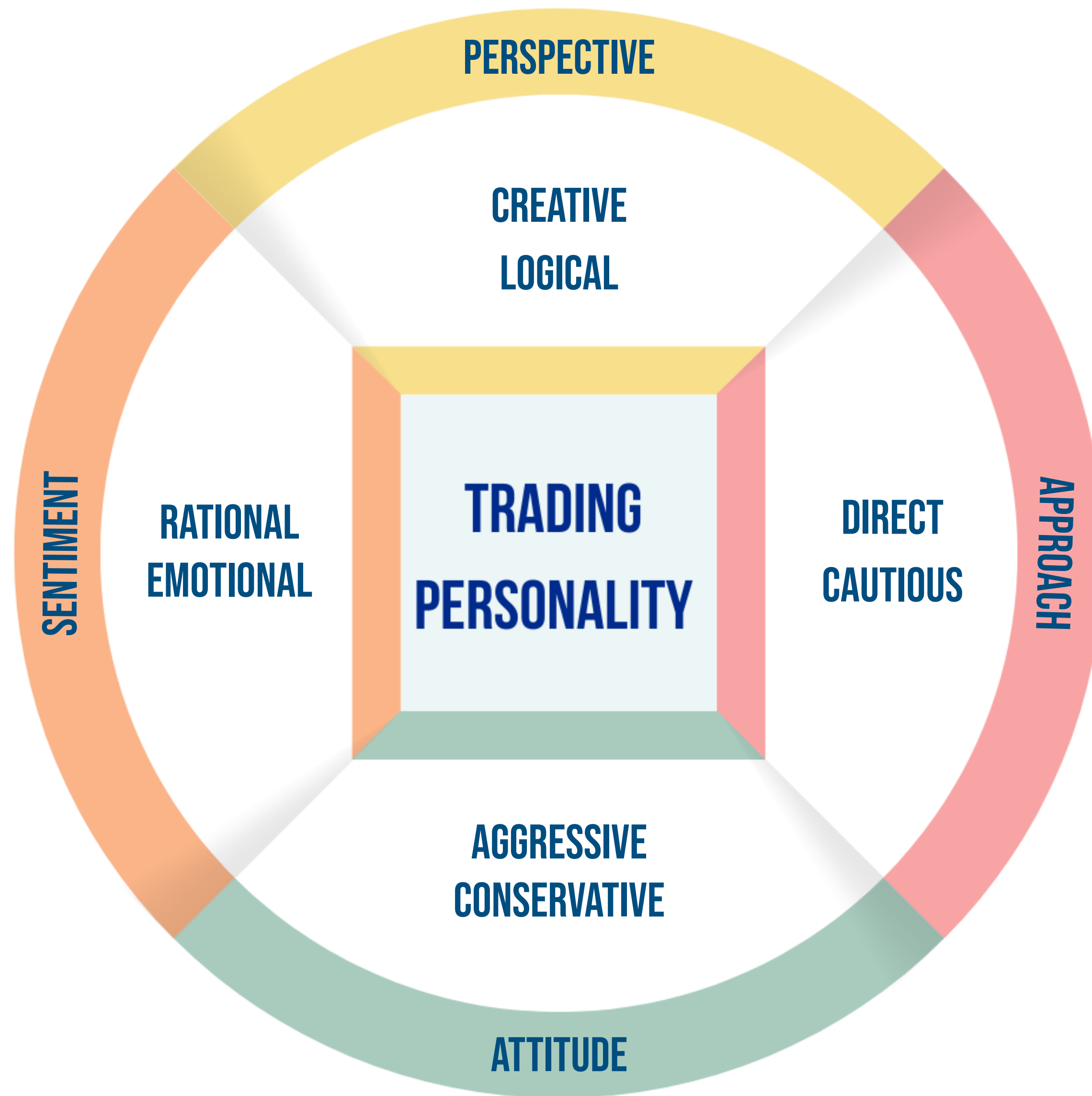
### STEP 3 - AUTOMATION

- TRAILING STOP LOSSES: YES
- STOP LOSS MANAGEMENT: PRICE ACTION / ANALYTICAL
- REMOVING LIABILITY: KEY LEVEL REACHED / SCREEN TIME LIMITED
- CASHING IN EQUITY: EXCEEDED EXPECTATION / SCREEN TIME LIMITED / KEY LEVEL REACHED



# MODULE 5

**WHAT ARE MY KEY STRENGTHS  
AND WEAKNESSES?**





# HABITS OF SUCCESSFUL TRADERS

- PATIENCE
- DISCIPLINE
- EMOTIONAL CONTROL
- ADAPTABILITY
- CONFIDENCE
- CONSISTENCY
- RESPONSIBILITY
- SELF AWARENESS
- COMMITMENT
- CONTINUING LEARNING
- FOCUS



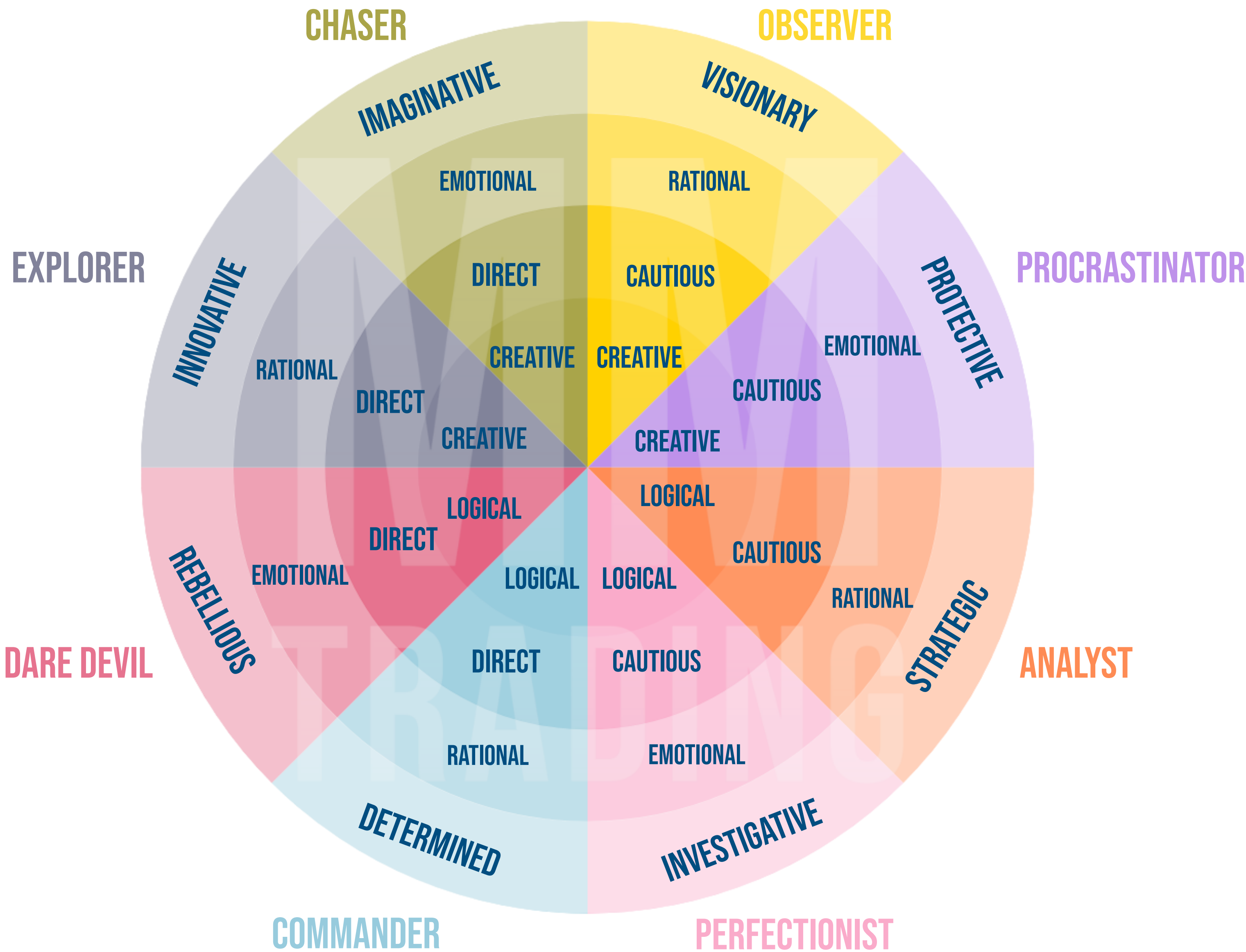
# DIRTY DOZEN DOWNFALLS

- LACK DISCIPLINE
- ANGER
- FEAR
- ANXIETY
- GREED
- REPEATING THE SAME MISTAKES
- OVERTHINKING
- OVER TRADING
- ALLOW EMOTIONS TO OVERTAKE LOGIC
- OVER CONFIDENCE
- BRAGGING
- TRADING WITHOUT EDUCATION IS LIKE GAMBLING





# MAKE MONEY TRADER PROFILE WHEEL



# MODULE 6

**WHAT STRATEGY IS BEST FOR ME?**

STRATEGY

LONG TERM

POSITION

MT SWING

ST SWING

INTRADAY

SCALPING

0-\$1000

\$1-\$5K

\$5K-\$10K

\$10K-\$25K

\$25K-\$50K

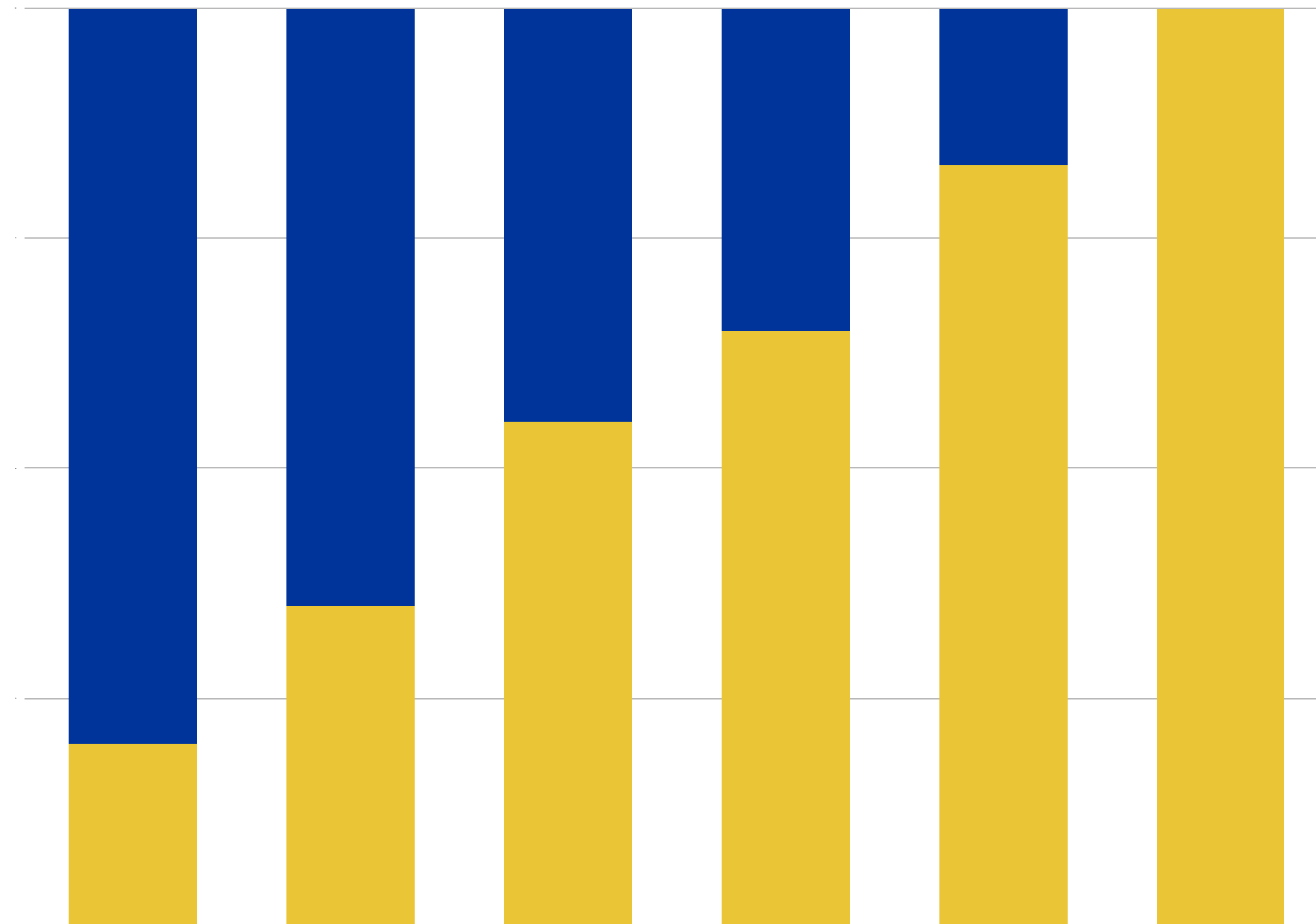
\$50K+

MORE FOCUS

LESS FOCUS

TRADING CAPITAL

MM  
TRADING



STRATEGY

SCALPING

INTRADAY

ST SWING

MT SWING

POSITION

LONG TERM

0-2HRS

2-4HRS

4-6HRS

6-8HRS

8-10HRS

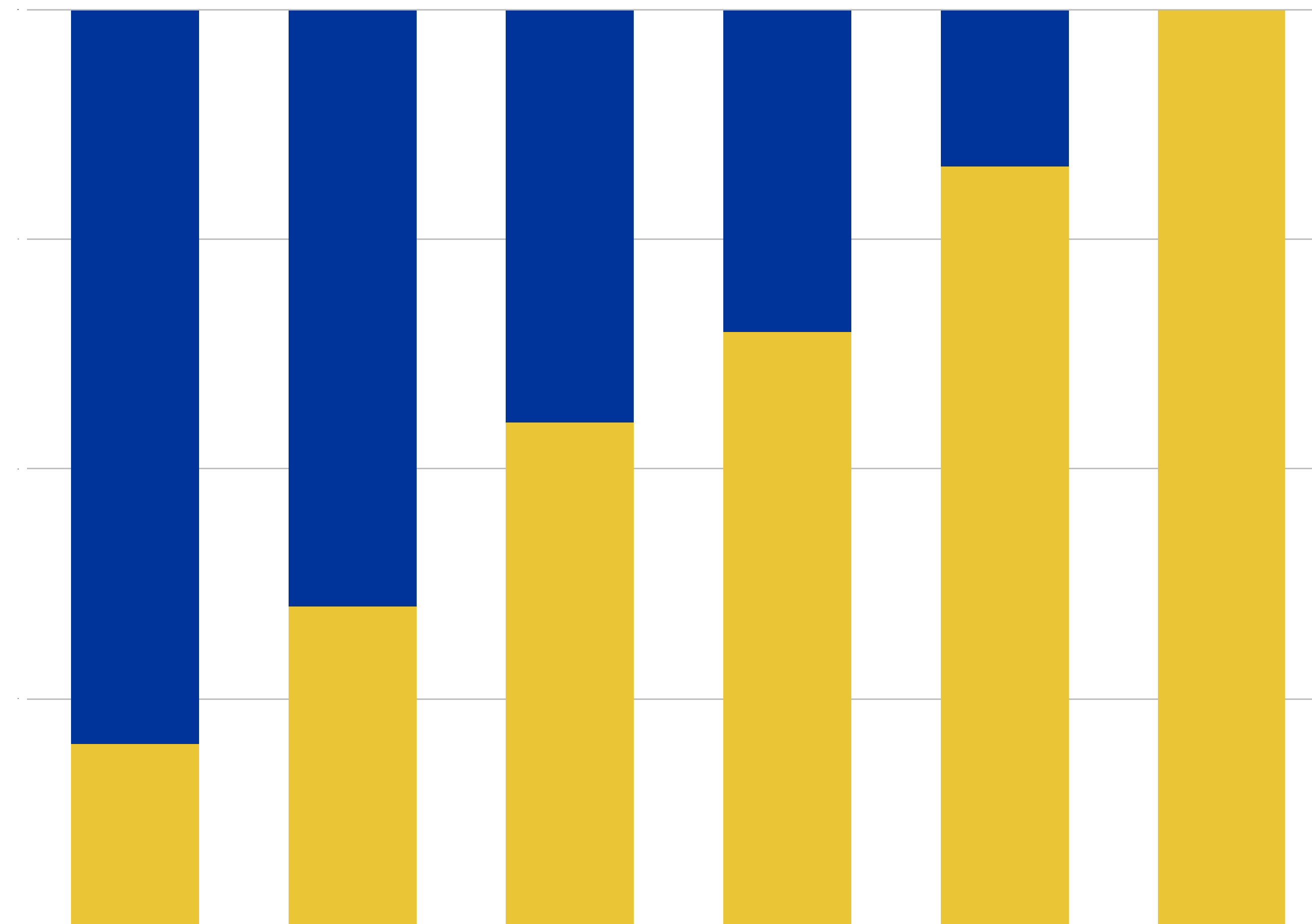
10HRS+

MORE FOCUS

LESS FOCUS

TIME PER WEEK

MM  
TRADING





# ROUTINE CHECKLIST

## WEEKLY ROUTINE

SUNDAY	<ul style="list-style-type: none"><li>• Planning &amp; Preparation</li><li>• Watchlist Building</li><li>• Research</li></ul>	GOALS <ul style="list-style-type: none"><li>• Min 5% profit Day Trading</li></ul>
MONDAY	<ul style="list-style-type: none"><li>• Early Observations of first Market Open</li><li>• Long/Medium term Entries</li></ul>	
TUESDAY	<ul style="list-style-type: none"><li>• Clearer conformation of direction. of assets</li><li>• Short Term Entries</li></ul>	PRIORITIES <ul style="list-style-type: none"><li>• 30min Prep Analysis</li><li>• 2-4hrs Active Trading</li></ul>
WEDNESDAY	<ul style="list-style-type: none"><li>• Momentum building on positions</li><li>• Mid-week review of targets/trades</li></ul>	
THURSDAY	<ul style="list-style-type: none"><li>• Last high impact day expected for short-term</li><li>• Analyse and Decide</li></ul>	NOTES <ul style="list-style-type: none"><li>• Market Currently Bullish</li></ul>
FRIDAY	<ul style="list-style-type: none"><li>• Consolidation &amp; Analysis</li><li>• Reflect &amp; Relax</li></ul>	

# EXPERIENCE LEVEL

WHAT STRATEGIES ARE BEST FOR ME?

EXPERIENCED

INTERMEDIATE

BEGINNER

BEST SUITED  
LESS SUITABLE

